



每日一练 10以内加法 Day1

姓名 _____ 日期 _____ 成绩 _____ 用时 _____

- | | | |
|----------------|----------------|----------------|
| (1) $5 + 2 =$ | (2) $1 + 3 =$ | (3) $6 + 1 =$ |
| (4) $5 + 1 =$ | (5) $6 + 4 =$ | (6) $4 + 2 =$ |
| (7) $6 + 3 =$ | (8) $2 + 3 =$ | (9) $8 + 2 =$ |
| (10) $5 + 5 =$ | (11) $7 + 1 =$ | (12) $1 + 4 =$ |
| (13) $5 + 5 =$ | (14) $3 + 3 =$ | (15) $3 + 7 =$ |
| (16) $4 + 1 =$ | (17) $7 + 3 =$ | (18) $2 + 2 =$ |
| (19) $5 + 5 =$ | (20) $1 + 3 =$ | (21) $5 + 4 =$ |
| (22) $3 + 5 =$ | (23) $2 + 4 =$ | (24) $5 + 1 =$ |
| (25) $6 + 1 =$ | (26) $2 + 3 =$ | (27) $7 + 3 =$ |
| (28) $8 + 1 =$ | (29) $3 + 4 =$ | (30) $6 + 3 =$ |
| (31) $2 + 6 =$ | (32) $5 + 2 =$ | (33) $3 + 4 =$ |
| (34) $7 + 2 =$ | (35) $2 + 3 =$ | (36) $2 + 4 =$ |
| (37) $5 + 4 =$ | (38) $5 + 1 =$ | (39) $3 + 6 =$ |
| (40) $1 + 7 =$ | (41) $1 + 2 =$ | (42) $4 + 6 =$ |
| (43) $4 + 2 =$ | (44) $7 + 1 =$ | (45) $4 + 3 =$ |
| (46) $5 + 1 =$ | (47) $6 + 4 =$ | (48) $1 + 8 =$ |
| (49) $2 + 6 =$ | (50) $5 + 4 =$ | (51) $6 + 2 =$ |
| (52) $7 + 2 =$ | (53) $7 + 2 =$ | (54) $3 + 6 =$ |
| (55) $2 + 5 =$ | (56) $4 + 2 =$ | (57) $1 + 6 =$ |
| (58) $6 + 1 =$ | (59) $4 + 1 =$ | (60) $4 + 6 =$ |



每日一练 10以内减法 Day2

姓名	日期	成绩	用时
(1) $9 - 1 =$		(2) $6 - 4 =$	(3) $6 - 4 =$
(4) $10 - 8 =$		(5) $7 - 3 =$	(6) $2 - 1 =$
(7) $6 - 2 =$		(8) $10 - 5 =$	(9) $6 - 4 =$
(10) $10 - 6 =$		(11) $6 - 3 =$	(12) $5 - 1 =$
(13) $3 - 1 =$		(14) $8 - 1 =$	(15) $6 - 4 =$
(16) $9 - 6 =$		(17) $9 - 2 =$	(18) $4 - 1 =$
(19) $7 - 1 =$		(20) $9 - 5 =$	(21) $8 - 1 =$
(22) $8 - 4 =$		(23) $10 - 7 =$	(24) $8 - 2 =$
(25) $8 - 3 =$		(26) $7 - 6 =$	(27) $9 - 7 =$
(28) $10 - 9 =$		(29) $7 - 1 =$	(30) $9 - 6 =$
(31) $3 - 1 =$		(32) $9 - 4 =$	(33) $9 - 8 =$
(34) $7 - 3 =$		(35) $6 - 3 =$	(36) $7 - 1 =$
(37) $8 - 6 =$		(38) $9 - 5 =$	(39) $4 - 2 =$
(40) $8 - 3 =$		(41) $7 - 3 =$	(42) $6 - 4 =$
(43) $10 - 7 =$		(44) $10 - 6 =$	(45) $4 - 2 =$
(46) $10 - 8 =$		(47) $7 - 4 =$	(48) $9 - 8 =$
(49) $9 - 3 =$		(50) $6 - 3 =$	(51) $4 - 1 =$
(52) $10 - 7 =$		(53) $10 - 3 =$	(54) $9 - 3 =$
(55) $10 - 6 =$		(56) $6 - 5 =$	(57) $4 - 2 =$
(58) $8 - 5 =$		(59) $7 - 1 =$	(60) $10 - 2 =$



每日一练 10以内加减法 Day3

姓名	日期	成绩	用时
(1) $8 - 2 =$		(2) $10 - 6 =$	(3) $4 + 4 =$
(4) $2 + 6 =$		(5) $5 - 3 =$	(6) $9 + 1 =$
(7) $7 + 2 =$		(8) $6 - 2 =$	(9) $4 - 1 =$
(10) $5 + 3 =$		(11) $9 - 5 =$	(12) $6 + 2 =$
(13) $1 + 8 =$		(14) $7 - 2 =$	(15) $10 - 5 =$
(16) $1 + 1 =$		(17) $8 + 2 =$	(18) $9 - 2 =$
(19) $7 - 2 =$		(20) $10 - 4 =$	(21) $3 - 2 =$
(22) $10 - 9 =$		(23) $5 + 2 =$	(24) $3 - 1 =$
(25) $6 - 2 =$		(26) $9 + 1 =$	(27) $2 + 3 =$
(28) $5 + 4 =$		(29) $8 + 1 =$	(30) $4 - 2 =$
(31) $5 + 1 =$		(32) $6 + 2 =$	(33) $5 - 2 =$
(34) $7 - 5 =$		(35) $1 + 7 =$	(36) $7 + 2 =$
(37) $1 + 7 =$		(38) $2 + 5 =$	(39) $9 - 8 =$
(40) $9 + 1 =$		(41) $9 - 2 =$	(42) $2 + 2 =$
(43) $9 + 1 =$		(44) $9 + 1 =$	(45) $5 - 3 =$
(46) $10 - 5 =$		(47) $3 + 2 =$	(48) $7 - 3 =$
(49) $6 + 3 =$		(50) $7 + 3 =$	(51) $6 - 2 =$
(52) $8 - 2 =$		(53) $8 + 1 =$	(54) $6 + 3 =$
(55) $2 - 1 =$		(56) $7 - 4 =$	(57) $8 + 1 =$
(58) $8 - 4 =$		(59) $10 - 2 =$	(60) $5 - 1 =$



每日一练 10以内加减法 Day4

姓名 _____ 日期 _____ 成绩 _____ 用时 _____

(1) $6 + 3 =$

(2) $4 + 4 =$

(3) $3 + 2 =$

(4) $10 - 6 =$

(5) $8 + 1 =$

(6) $9 + 1 =$

(7) $7 - 5 =$

(8) $2 + 3 =$

(9) $5 + 5 =$

(10) $8 - 7 =$

(11) $10 - 1 =$

(12) $1 + 9 =$

(13) $8 - 1 =$

(14) $5 + 1 =$

(15) $1 + 5 =$

(16) $5 + 5 =$

(17) $6 - 5 =$

(18) $2 + 7 =$

(19) $7 - 1 =$

(20) $9 + 1 =$

(21) $10 - 4 =$

(22) $8 + 2 =$

(23) $6 - 4 =$

(24) $4 + 6 =$

(25) $4 - 2 =$

(26) $10 - 5 =$

(27) $4 + 2 =$

(28) $6 + 2 =$

(29) $3 + 3 =$

(30) $8 - 2 =$

(31) $2 + 7 =$

(32) $5 - 2 =$

(33) $3 - 2 =$

(34) $7 + 2 =$

(35) $10 - 1 =$

(36) $2 + 5 =$

(37) $2 + 6 =$

(38) $8 - 1 =$

(39) $5 - 2 =$

(40) $1 + 3 =$

(41) $4 + 5 =$

(42) $10 - 9 =$

(43) $1 + 3 =$

(44) $8 - 7 =$

(45) $1 + 4 =$

(46) $5 + 1 =$

(47) $7 - 5 =$

(48) $6 - 4 =$

(49) $6 - 5 =$

(50) $3 - 1 =$

(51) $7 - 3 =$

(52) $8 - 5 =$

(53) $1 + 9 =$

(54) $10 - 3 =$

(55) $8 - 3 =$

(56) $8 - 2 =$

(57) $8 - 6 =$

(58) $2 + 6 =$

(59) $6 - 3 =$

(60) $3 + 3 =$



每日一练 10以内加减法 Day5

姓名	日期	成绩	用时
(1) $2 + 4 =$		(2) $1 + 3 =$	(3) $1 + 1 =$
(4) $4 + 6 =$		(5) $1 + 9 =$	(6) $5 + 1 =$
(7) $8 - 7 =$		(8) $5 - 3 =$	(9) $7 - 3 =$
(10) $1 + 5 =$		(11) $8 + 1 =$	(12) $1 + 6 =$
(13) $2 + 2 =$		(14) $9 - 8 =$	(15) $1 + 4 =$
(16) $4 + 5 =$		(17) $5 + 2 =$	(18) $5 + 3 =$
(19) $9 - 1 =$		(20) $10 - 2 =$	(21) $5 + 4 =$
(22) $2 + 6 =$		(23) $6 - 2 =$	(24) $7 - 3 =$
(25) $2 + 7 =$		(26) $7 - 5 =$	(27) $4 - 2 =$
(28) $10 - 6 =$		(29) $7 - 2 =$	(30) $1 + 9 =$
(31) $5 - 1 =$		(32) $3 - 2 =$	(33) $3 + 2 =$
(34) $7 - 6 =$		(35) $3 - 1 =$	(36) $5 - 1 =$
(37) $1 + 9 =$		(38) $1 + 2 =$	(39) $10 - 4 =$
(40) $8 - 1 =$		(41) $2 + 7 =$	(42) $1 + 8 =$
(43) $10 - 5 =$		(44) $3 + 1 =$	(45) $9 - 1 =$
(46) $8 - 5 =$		(47) $7 - 5 =$	(48) $2 + 7 =$
(49) $2 + 4 =$		(50) $8 + 1 =$	(51) $3 - 2 =$
(52) $7 - 2 =$		(53) $9 - 8 =$	(54) $3 + 1 =$
(55) $4 + 3 =$		(56) $6 + 2 =$	(57) $9 - 8 =$
(58) $5 - 4 =$		(59) $6 - 5 =$	(60) $4 - 2 =$



每日一练 10以内带括号加减法 Day6

姓名 _____ 日期 _____ 成绩 _____ 用时 _____

- | | | |
|--------------------|---------------------|---------------------|
| (1) _____ + 3 = 5 | (2) _____ - 1 = 4 | (3) _____ + 5 = 6 |
| (4) _____ - 3 = 3 | (5) _____ - 3 = 6 | (6) _____ + 3 = 4 |
| (7) _____ + 1 = 9 | (8) 7 - _____ = 6 | (9) 10 - _____ = 8 |
| (10) 4 - _____ = 3 | (11) 5 - _____ = 1 | (12) _____ - 5 = 5 |
| (13) _____ - 3 = 7 | (14) _____ - 3 = 2 | (15) _____ + 7 = 9 |
| (16) _____ - 2 = 2 | (17) _____ - 6 = 4 | (18) _____ + 2 = 8 |
| (19) _____ - 3 = 5 | (20) 10 - _____ = 8 | (21) _____ - 2 = 2 |
| (22) _____ - 4 = 1 | (23) 8 - _____ = 1 | (24) _____ + 3 = 4 |
| (25) _____ - 5 = 1 | (26) 7 - _____ = 2 | (27) 8 - _____ = 2 |
| (28) 6 - _____ = 4 | (29) _____ - 1 = 1 | (30) _____ + 1 = 5 |
| (31) _____ - 2 = 5 | (32) _____ - 2 = 1 | (33) 6 - _____ = 3 |
| (34) _____ - 1 = 7 | (35) 4 - _____ = 1 | (36) _____ + 3 = 10 |
| (37) 4 - _____ = 1 | (38) _____ + 2 = 8 | (39) 4 - _____ = 1 |
| (40) _____ - 5 = 1 | (41) _____ - 2 = 8 | (42) _____ - 6 = 1 |
| (43) 9 - _____ = 1 | (44) _____ + 1 = 8 | (45) _____ + 5 = 7 |
| (46) _____ - 1 = 1 | (47) _____ + 2 = 3 | (48) _____ + 2 = 10 |
| (49) _____ - 1 = 1 | (50) _____ - 3 = 5 | (51) _____ - 7 = 3 |
| (52) 7 - _____ = 5 | (53) _____ - 6 = 3 | (54) _____ - 3 = 6 |
| (55) _____ - 3 = 3 | (56) _____ - 6 = 1 | (57) 9 - _____ = 6 |
| (58) _____ - 3 = 6 | (59) _____ - 3 = 5 | (60) _____ - 4 = 2 |



每日一练 10以内带括号加减法 Day7

姓名 _____ 日期 _____ 成绩 _____ 用时 _____

- | | | |
|----------------------------------|-----------------------------------|-----------------------------------|
| (1) $10 - \underline{\quad} = 1$ | (2) $10 - \underline{\quad} = 5$ | (3) $\underline{\quad} + 4 = 5$ |
| (4) $\underline{\quad} - 3 = 1$ | (5) $\underline{\quad} - 8 = 1$ | (6) $\underline{\quad} + 2 = 3$ |
| (7) $\underline{\quad} + 2 = 7$ | (8) $10 - \underline{\quad} = 6$ | (9) $\underline{\quad} - 5 = 4$ |
| (10) $\underline{\quad} - 1 = 2$ | (11) $\underline{\quad} + 1 = 7$ | (12) $\underline{\quad} - 1 = 7$ |
| (13) $\underline{\quad} + 3 = 4$ | (14) $\underline{\quad} - 4 = 4$ | (15) $\underline{\quad} - 6 = 2$ |
| (16) $\underline{\quad} + 4 = 8$ | (17) $6 - \underline{\quad} = 1$ | (18) $\underline{\quad} + 1 = 4$ |
| (19) $6 - \underline{\quad} = 5$ | (20) $\underline{\quad} + 6 = 10$ | (21) $\underline{\quad} - 4 = 3$ |
| (22) $\underline{\quad} - 6 = 1$ | (23) $\underline{\quad} + 3 = 10$ | (24) $\underline{\quad} - 4 = 6$ |
| (25) $5 - \underline{\quad} = 4$ | (26) $9 - \underline{\quad} = 5$ | (27) $\underline{\quad} - 4 = 2$ |
| (28) $\underline{\quad} - 3 = 5$ | (29) $\underline{\quad} + 3 = 5$ | (30) $\underline{\quad} - 3 = 5$ |
| (31) $\underline{\quad} - 1 = 2$ | (32) $\underline{\quad} - 4 = 6$ | (33) $\underline{\quad} - 1 = 2$ |
| (34) $\underline{\quad} - 4 = 6$ | (35) $\underline{\quad} + 3 = 10$ | (36) $9 - \underline{\quad} = 4$ |
| (37) $\underline{\quad} - 2 = 8$ | (38) $\underline{\quad} + 1 = 10$ | (39) $\underline{\quad} - 2 = 8$ |
| (40) $\underline{\quad} - 7 = 1$ | (41) $\underline{\quad} - 3 = 1$ | (42) $\underline{\quad} + 6 = 7$ |
| (43) $\underline{\quad} + 3 = 7$ | (44) $\underline{\quad} - 5 = 5$ | (45) $\underline{\quad} + 6 = 7$ |
| (46) $\underline{\quad} - 1 = 6$ | (47) $\underline{\quad} - 3 = 7$ | (48) $10 - \underline{\quad} = 2$ |
| (49) $\underline{\quad} + 3 = 4$ | (50) $\underline{\quad} + 2 = 10$ | (51) $3 - \underline{\quad} = 2$ |
| (52) $\underline{\quad} + 4 = 8$ | (53) $\underline{\quad} - 4 = 6$ | (54) $\underline{\quad} - 4 = 5$ |
| (55) $8 - \underline{\quad} = 5$ | (56) $\underline{\quad} + 6 = 10$ | (57) $\underline{\quad} - 2 = 1$ |
| (58) $\underline{\quad} - 3 = 2$ | (59) $\underline{\quad} - 8 = 1$ | (60) $\underline{\quad} - 4 = 4$ |